McKinley Health Center - October 2022 Activity Calendar

McKinley Health Center
Main Line: 814-849-3615

BREAST CANCER
AWARENESS MONTH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:30am Neighborhood Visits 10:50am Mealtime Music 2pm Stormer Memorial Bingo 3:30pm This Day in History
2 9am Church on TV 10am Devotional This Day in History Handout 2pm Church	**3** 10am News Stand 10:50am Jukebox 2pm Celebration 3pm Colorful Creation	**4** Cinnamon Day 10am Bible Study 10:30am This Day in History 10:50am Turn it Up 1pm Goodie Cart 2pm Beauty Day 3pm Word Search	**5** 10am Cook'n with Gerry 10:50am Oldies but Goodies 2pm Bingo 3:30pm Flower Trivia	**6** 10am Music Hour 2pm Church 3pm Move and Groove	**7** 10am Pot Luck Trivia 10:50am Turn it Up 2pm Duster Hockey 3:30pm I Spy	**8** 9:30am Neighborhood Visits 10:50am Mealtime Music 2pm Stormer Memorial Bingo 3:30pm This Day in History
9 9am Church on TV 10am Devotional This Day in History Handout 2pm Movie Mania	**10** 10am News Stand 10:50am Jukebox 2pm Auction Game 3pm Colorful Creation 6:30pm Dice Game	**11** 10am Bible Study 10:30am This Day in History 10:50am Turn it Up 2pm Beauty Day 3pm Word Search	**12** 10am Games with Gerry 10:30am This Day in History 10:50am Oldies but Goodies 2pm Bingo 3:30pm Trivia Time	**13** 10am Music Hour 2pm Church 3pm Exercise	**14** 10am Pot Luck Trivia 10:50am Turn it Up 2pm Pumpkin Painting 3:30pm Word Scramble	**15** 9:30am Neighborhood Visits 10:50am Mealtime Music 2pm Stormer Memorial Bingo 3:30pm This Day in History
16 9am Church on TV 10am Devotional This Day in History Handout 2pm Coffee Chat	**17** 10am News Stand 10:50am Jukebox 2pm Dining Committee 3pm Colorful Creation 6:30pm Dominoes	**18** 10am Bible Study 10:30am This Day in History 10:50am Turn it Up 2pm Beauty Day 3pm Word Search	**19** 10am Cook'n with Gerry 10:30am This Day in History 10:50am Oldies but Goodies 2pm Bingo 3:30pm Animal Trivia	**20** 10am Music Hour 2pm Church 3pm Move and Groove	**21** 10am Pot Luck Trivia 10:50am Turn it Up 2pm Coffee Chat 3:30pm Halloween I Spy	**22** 9:30am Neighborhood Visits 10:50am Mealtime Music 2pm Stormer Memorial Bingo 3:30pm This Day in History
23 9am Church on TV 10am Devotional This Day in History Handout 2pm Church	**24** 10am News Stand 10:50am Jukebox 2pm Resident Council 3pm Colorful Creation 6:30pm Craft Time	**25** 10am Bible Study 10:30am This Day in History 10:50am Turn it Up 2pm Beauty Day 3pm Word Search	**26** 10am Move and Groove 11am Mass 10:50am Oldies but Goodies 2pm Bingo 3:30pm This Day in History	**27** 10am Music Hour 2pm Church 3pm Move and Groove	**28** 10am Pot Luck Trivia 10:50am Turn it Up 2pm Shake and Bake 3:30pm Fall Favorites	**29** 9:30am Neighborhood Visits 10:50am Mealtime Music 2pm Stormer Memorial Bingo 3:30pm This Day in History
30 HALLOWEEN TRICK OR TREAT Devotions This Day in History Handout	**31** Halloween 10am News Stand 10:50am Jukebox 2pm Party Time 3pm Colorful Creation 6:30pm Shake and Bake					

Music in the Air

To the right is Maeve Jordan and her mother Maryann. They came in and played the fiddle, piano, and guitar and sang for the residents.

Desserts Word Search

A	P	U	D	D	I	N	G	F	D	M	P	L	O	F
I	C	E	C	R	E	A	M	U	G	O	S	I	B	R
C	O	H	C	O	C	A	T	D	H	U	T	E	R	U
C	A	K	E	P	F	O	M	G	N	S	R	P	O	I
H	B	C	H	E	F	R	O	E	U	S	U	I	W	T
O	K	B	U	S	S	L	U	K	R	E	F	E	N	M
C	U	P	C	A	K	E	A	L	I	S	F	E	I	I
O	D	A	A	L	E	R	C	N	S	E	L	L	E	L
L	A	S	O	R	B	E	T	A	C	A	E	K	T	K
A	E	T	R	I	F	L	E	S	K	O	U	S	E	S
T	S	R	F	U	D	A	G	E	S	E	C	A	K	H
E	A	Y	M	O	O	S	I	S	M	O	R	E	S	A
D	L	R	C	H	O	C	O	T	R	I	G	L	E	K
C	H	O	T	D	O	U	G	H	N	U	T	S	S	E
S	U	N	D	A	E	D	C	O	B	B	L	E	R	S

BROWNIE	FLAN	PIE
CAKE	FRUIT	PUDDING
CHEESECAKE	FUDGE	SMORES
CHOCOLATE	ICE CREAM	SORBET
COBBLER	MILKSHAKE	SUNDAE
COOKIE	MOUSSE	TART
CUPCAKE	PARFAIT	TRIFLE
DOUGHNUT	PASTY	TRUFFLE

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Cryptocurrency Scams

A cryptocurrency, crypto-currency, or crypto is a digital currency designed to work as a form of monetary exchange through a computer network that is not reliant on any central authority, such as a government or bank, to uphold or maintain it. There are no paper dollars, coins, or checkbooks associated with cryptocurrency.

The last part of the definition is the most important when it comes to cryptocurrency: It has no government of bank that upholds it or maintains it, which means that there are not the same protections when spending cryptocurrency like there are for banking institution.

Between 2019 and 2020 cryptocurrency scams increased by 12%. The lack of protections are one of the main reasons that scammers like to receive payment in cryptocurrency. These scams like others often come with “red flags”, so be cautious in these situations:

- Someone requests payment of cryptocurrency via email
- You are approached with a cryptocurrency investment opportunity that you did not ask for
- A person or advertisement on social media wants you to pay via cryptocurrency
- Someone advertising a new brand of cryptocurrency

Autumn

by Alison Collier

The nights are drawing in
and the air is getting cold,
the sunsets are changing
from yellow to gold.
The hedgehogs are preparing
for their long winter’s sleep,
whilst squirrels are busy searching
for acorns to keep.
The leaves are tumbling
to the ground,
with a riot of colors
red, gold, and brown.
It’s time to think about jumpers
and keeping warm toes,
scarf and gloves at the ready
for when the wind blows.
Light a log fire
so its flames burn bright,
while you sip on a hot chocolate
on a cold autumn night.

Answer: Silence.

McKinley Health Center

OCTOBER 2022

What disappears as soon as you say its name?

Find the answer on the back page!

On October 30th from 1:30pm to 4:30pm there will be outside trick or treating for the children of staff and residents’ families at McKinley Health Center. We are accepting candy donations at this time. You may drop off candy at front desk for the activity department. All candy must be sealed and individually wrapped.

Please follow signs to participate in this event.

Any questions please call Angie at 814-849-0450.

Halloween Fact

It has been estimated that Americans now spend about 350 million dollars on Halloween costumes just for their pets. The dog is by far the biggest participant in the fall extravaganza, with the cat (especially the black cat) coming in a distant second. For all the money spent on the four-legged creatures, the pumpkin is the number one costume choice with the hot dog, pirate, bumblebee, and devil following in that order.