

JUNE

14

JUNE 14 IS FLAG DAY.

CHECK OUT THESE INTERESTING
FACTS OUT ABOUT THE FLAG.

1

**RED SYMBOLIZES HARDINESS
AND VALOR.**

2

**WHITE SYMBOLIZES PURITY
AND INNOCENCE.**

3

**BLUE REPRESENTS VIGILANCE,
PERSEVERANCE AND JUSTICE.**

4

**THE 50 STARS REPRESENT
EACH US STATE.**

5

**THE 13 STRIPES REPRESENT
THE ORIGINAL 13 COLONIES.**

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Personal Care
June 2020



The History of Father's Day

This year, Father's Day will fall on Sunday, June 21. Father's Day has a long history dating back to 1909. In May of 1909, Sonora Smart Dodd of Spokane, Washington sat in church listening to a Mother's Day sermon. She decided she wanted to designate a day for her dad, William Jackson Smart. Dodd's mother had died in childbirth, and Dodd's father, a Civil War veteran, had taken the responsibility of singlehandedly raising the newborn and his other five children.

The following year, Dodd wanted to celebrate Father's Day on June 5th, her father's birthday, and petitioned for the holiday to be recognized in her city. Needing more time to arrange the festivities, Spokane's mayor pushed the date back by two weeks, and the first Father's Day was celebrated on June 19, 1910, according to the Spokane Regional Convention and Visitor Bureau.

At the first Father's Day celebration, young women handed out red roses to their fathers during a church service, and large baskets full of roses were passed around, with attendees encouraged to pin on a rose in honor of their fathers - red for the living and white in memory of the deceased. Dodd then brought her infant son along on a horse-drawn carriage ride through the city, bringing roses and gifts to home-bound fathers.

While Congress was quick to officially declare the second Sunday in May as Mother's Day in 1914, after it was first celebrated on May 10, 1908, it took much longer for Father's Day to be legally recognized. But thanks to Dodd's celebration, Father's Day steadily gained popularity.

President Lyndon Johnson issued the first presidential proclamation honoring fathers in 1966, but it wasn't until 1972 that President Richard Nixon signed the public law that made it a permanent holiday. Since then, Father's Day has become a time to recognize the many different father figures in our lives.

Happy
Father's
Day

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
KEY		1		2		3		4		5		6	
HC	- Harmony Circle	9:15 AM	Move & Groove-GR	9:00 AM	Pictionary -GR	10:00 AM	Comedy Central-HC	9:00 AM	Trivial time-GR	9:15 AM	Move & Groove-GR		
PC	- Personal Care	10:00 AM		10:00 AM	Harmony Time-HC	11:00 AM		10:00 AM		10:00 AM		9:00 AM	Good News-HC
GR	- Great Room	12:00 PM	Harmony Time-HC	11:00 AM	Pastor Baker-HC	1:00 PM	Harmony Time-HC	2:00 PM	Harmony Time-HC	2:00 PM	Harmony Time-HC		Good News-PC
PCDR	- Personal Care	2:00 PM	Travel Trips-GR	12:45 PM	Bingo-PCDR	2:00 PM	Tea Time-GR						
	Dining Room	3:00 PM	Music w/Linda on TV-HC	2:00 PM		3:00 PM	Spiritual Discussions-GR	2:00 PM	Boot Planters-GR	2:00 PM	Button Trees-GR		
		6:00 PM	Bingo-PCDR	4:00 PM	Harmony Time-HC	6:00 PM	Game Night-GR	3:00 PM	Church W/Pastor Baker-GR	3:00 PM			
		7:00 PM	Resident Choice-HC-Aides	4:00 PM	Outdoor Strolls-PC	7:00 PM	Trivia - Aides - HC	3:00 PM	Televised Church-HC	5:00 PM	Harmony Time-HC		
				7:00 PM	Ice Cream Social-Aides -HC			7:00 PM	Good Old Days Reminisce-Aides-HC	7:00 PM	Name That Tune-Aides-HC	7:00 PM	Coloring Creations-HC
7		8		9		10		11		12		13	
		9:15 AM	Move & Groove-GR	9:00 AM	Traveling B-Day Cards-GR	9:15 AM	Move & Groove-GR	9:00 AM	Volley Ball-GR	9:15 AM	Move & Groove-GR		
9:00 AM	Gospel Music and Church-HC	10:00 AM		10:00 AM	Harmony Time-HC			10:00 AM		10:00 AM		9:00 AM	Good News-HC
		12:00 PM	Harmony Time-HC	11:00 AM	Pastor Baker-HC	10:00 AM	Harmony Time-HC	2:00 PM	Harmony Time-HC	2:00 PM	Harmony Time-HC		Good News-PC
10:00 AM	Gospel Music and Church-PC	1:00 PM	Music W/ Linda on TV-GR	12:45 PM	Bingo-PCDR	2:00 PM							
		2:00 PM		2:00 PM		2:00 PM	Tea Time-GR	3:00 PM	Church W/Pastor Baker-GR	2:00 PM	Travel Trips-GR		
		4:00 PM	Harmony Time-HC	4:00 PM	Harmony Time-HC	3:00 PM	Spiritual Discussions-GR	3:00 PM	Televised Church-HC	3:00 PM			
		6:00 PM	Bingo-PCDR	4:00 PM	Outdoor Strolls-PC	4:00 PM	Sing And Dance-HC	6:00 PM	Game Night-GR	5:00 PM	Harmony Time-HC		
7:00 PM	Joke Time-HC-Aides	7:00 PM	Resident Choice-HC-Aides	7:00 PM	Ice Cream Social-Aides -HC	7:00 PM	Trivia - Aides - HC	7:00 PM	Good Old Days Reminisce-Aides-HC	7:00 PM	Name That Tune-Aides-HC	7:00 PM	Coloring Creations-HC
14		15		16		17		18		19		20	
		9:15 AM	Move & Groove-GR	9:00 AM	Take Me Back Tuesday-GR	10:00 AM	Guessing Game-HC	9:00 AM	Hang Man-GR	9:15 AM	Move & Groove-GR		
9:00 AM	Gospel Music and Church-HC	10:00 AM		10:00 AM	Harmony Time-HC	11:00 AM		10:00 AM		10:00 AM		9:00 AM	Good News-HC
		2:00 PM	Harmony Time-HC	11:00 AM	Pastor Baker-HC	2:00 PM	Harmony Time-HC	2:00 PM	Harmony Time-HC	2:00 PM	Harmony Time-HC		Good News-PC
10:00 AM	Gospel Music and Church-PC			12:45 PM	Bingo-PCDR	2:00 PM	Tea Time-GR						
		2:00 PM	Bowling-GR	2:00 PM		3:00 PM	Spiritual Discussions-GR	2:00 PM	Grief Group W / Kristy-MPR	2:00 PM	Price is Right-GR		
		3:00 PM	Music-HC	4:00 PM	Harmony Time-HC	4:00 PM	Story Creations-HC	3:00 PM	Church W/Pastor Baker-GR	3:00 PM			
		6:00 PM	Bingo-PCDR	4:00 PM	Outdoor Strolls-PC	6:00 PM	Game Night-GR	3:00 PM	Televised Church-HC	5:00 PM	Harmony Time-HC		
7:00 PM	Joke Time-HC-Aides	7:00 PM	Resident Choice-HC-Aides	7:00 PM	Ice Cream Social-Aides -HC	7:00 PM	Trivia - Aides - HC	7:00 PM	Good Old Days Reminisce-Aides-HC	7:00 PM	Name That Tune-Aides-HC	7:00 PM	Coloring Creations-HC
21		22		23		24		25		26		27	
		9:15 AM	Move & Groove-GR	9:00 AM	Spread the Good News-GR	9:15 AM	Move & Groove-GR	9:00 AM	Brain Games-GR	9:15 AM	Move & Groove-GR		
9:00 AM	Gospel Music and Church-HC			10:00 AM	Harmony Time-HC			10:00 AM	Sensory Box-HC			9:00 AM	Good News-HC
10:00 AM	Gospel Music and Church-PC	10:00 AM	Harmony Time-HC	11:00 AM	Pastor Baker-HC	10							