



# Laurelbrooke Personal Care Monthly Activity Calendar - January 2021

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
 <div style="border: 1px solid black; padding: 5px; margin: 10px auto; width: 80%;">                     Make your loved one's birthday special by arranging a facetime birthday party with all your friends and families! Please contact the resident care coordinator at (814) 849-0482.                 </div> 		<b>1</b> <b>Happy New Year!</b>		<b>2</b>											
		9:15A	New Year's Trivia-GR		10:00A	Spread the News - PC									
		12:45P	Bingo - PCDR		1:00P	Saturday Matinee <i>Fresh Popcorn</i>									
		1:00P	New Years Party-GR Meatballs		1:00P										
		6:00P	New years Resolutions! Game Time w/Gerry												
<b>3</b>		<b>4</b>		<b>5</b>		<b>6</b>		<b>7</b>		<b>8</b> <b>Elvis Presley's Birthday!</b>		<b>9</b>			
9:15A	Hymn Sing - GR		9:15A	When Did It Happen?-GR <i>Trivia of 2019 or 2020?</i>		9:15A	Sit and Be Fit - GR		9:15	Nail Salon - GR		9:15A	Move and Groove - GR		
												9:15A	Did You Know?-GR <i>Elvis Presley Edition</i>		
			1:00P	Beetle Dice Game - GR					3:00P	Church- GR <i>Featuring Pastor Baker</i>		12:45P	Bingo - PCDR		
3:00P	Communion-GR <i>With Pastor Baker</i>		5:45P	Bingo-PCDR		1:00P	Paper Quilt Project-PCDR		2:00P	Tea Time-GR		2:00P	Wine and Cheese Party!		
									3:00P	Spiritual Discussions-GR			1:00P Saturday Matinee <i>Fresh Popcorn</i>		
<b>10</b>		<b>11</b>		<b>12</b>		<b>13</b>		<b>14</b>		<b>15</b> <b>National Bagel Day!</b>		<b>16</b>			
9:15A	Hymn Sing - GR		9:15A	Guess Who?-GR		9:15A	Fly Swatter Ball - GR		9:15	Foot Soaks and Facials - GR		9:15A	Virtual Hiking Exercise-GR <i>Bright Angel Trail Grand Canyon</i>		
												10A	<i>Make Your Own Bagel Pizzas! JAHW</i>		
			1:00P	Bell Choir Practice - GR <i>Laurelbrooke Silver Bells</i>		1:00P	Gratitude Journal		2:00P	Tea Time-GR		12:45P	Bingo - PCDR		
1:00P	Weekly Live Church-GR <i>Joanie Williams</i>								3:00P	Spiritual Discussions-GR		6:00P	Game Time w/Gerry		
			5:45P	Bingo-PCDR								<b>Happy Birthday Ernestine!</b>		1:00P Saturday Matinee <i>Fresh Popcorn</i>	
<b>17</b>		<b>18</b> <b>Happy Birthday Bernice!</b>		<b>19</b> <b>International Flower Day</b>		<b>20</b>		<b>21</b>		<b>22</b> <b>Celebration of Life Day!</b>		<b>23</b>			
9:15A	Hymn Sing - GR		9:15A	Minute To Win It!-GR		9:15A	Virtual Flower Arranging-GR <i>Live Flower Arrangement</i>		9:15	Nail Salon - GR		9:15A	Sit and Be Fit - GR		
												9:15A	Life Stories/Memories-GR <i>Hot Apple Dumplings</i>		
			1:00P	Yahtzee- GR					3:00P	Church- GR <i>Featuring Pastor Baker</i>		12:45P	Bingo - PCDR		
1:00P	Church/Worship-GR <i>Featuring Linda</i>		5:45P	Bingo-PCDR		1:00P	Wooden Flower Craft		2:00P	Tea Time-GR			1:00P Saturday Matinee <i>Fresh Popcorn</i>		
									3:00P	Spiritual Discussions-GR					
<b>24</b>		<b>25</b>		<b>26</b> <b>Happy Australia Day!</b>		<b>27</b>		<b>28</b>		<b>29</b>		<b>30</b>			
9:15A	Hymn Sing - GR		9:15A	Story Time! <i>Live Zoom-Daycare</i> <i>Read A Story To The Kids!</i>		9:15A	Exercise-GR <i>Australia Dances!</i>		9:15	Spa Day-GR		9:15A	Pollock Paintings!-GR		
												9:15A	Exercise-GR <i>Virtual Swimming!</i>		
			1:00P	Bell Choir Practice - GR <i>Laurelbrooke Silver Bells</i>		1:00P	Australia Vacation! <i>Australia Virtual Tour</i>		3:00P	Church- GR <i>Featuring Pastor Baker</i>		11:30A	Fiesta Friday! Taco Bar Lunch!!		
3:00P	Church-GR <i>With Pastor Baker</i>								2:00P	Tea Time-GR		12:45P	Bingo - PCDR		
			5:45P	Bingo-PCDR					3:00P	Spiritual Discussions-GR			2:00P Saturday Matinee <i>Fresh Popcorn</i>		
									<b>Jackson Pollocks Birthday!</b>		6:00P	Game Time w/ Gerry			
<b>31</b>															
9:15A	Hymn Sing - GR														
1:00P	Weekly Live Church-GR <i>Joanie Williams</i>														

Key:  
 GR - Great Room on PC  
 PCDR - Personal Care Dining Room  
 JAHW - Jasmine Hallway

\*Calendar subject to change\*

## RESIDENT SPOTLIGHT

### JOANNE CHESNUTT

"I have resided at Laurelbrooke Personal Care for the past 5 years. I originally came to Laurelbrooke with a diagnosis of Dementia and felt as if I would benefit best by residing in a personal care home setting at that time. I have devoted a great amount of time volunteering in the home and look for any opportunities to serve by helping others as I can. I also am certified as a PEER resident through the local Agency on Aging Ombudsman Program. God has given me the gift to help others, whatever I can do, I will do. The pandemic this year has not made things easy. We have been in quarantine since March and haven't been able to live a normal life since. I am praying for a vaccine to be effective for myself, my peers and the rest of the staff here at Laurelbrooke. The most important thing for us to do at this time is to pray and be kind to all. I will forever be grateful for Laurelbrooke Personal Care."  
~Joanne Chesnutt.

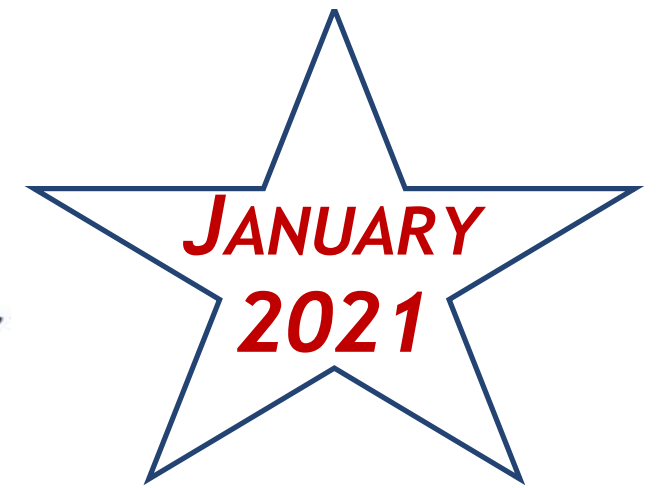
Joanne emphasized the power of love, kindness and how the public can make a difference this holiday season. She would like to encourage families to continue sending letters to loved ones who reside at Laurelbrooke Personal Care.



# WRC

EST1890

Laurelbrooke  
Personal Care



*The new year stands before us,  
like a chapter in a book,  
waiting to be written.*  
~ Melody Beattie

### Snapshot in History:

On January 1, 1863, legal status under federal law of more than 3.5 million enslaved African Americans was changed from enslaved to FREE thanks to the Emancipation Proclamation that was issued by President Abraham Lincoln in September 1862.

The Proclamation wrote:

*That on the first day of January in the year of our Lord, one thousand eight hundred and sixty-three, all persons held as slaves within any State, or designated part of a State, the people where of shall then be in rebellion against the United States shall be then, thenceforward, and forever free; and the executive government of the united States, including them military and naval authority thereof, will recognize and maintain the freedom of such persons, and will do no act or acts to repress such persons, or any of them, in any efforts they may make for their actual freedom.*



First reading of the Emancipation Proclamation

