Laurelbrooke Harmony Circle - June 2023 Calendar

	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday
								1		2		3	
Laurelt	orooke Personal Care							10:15am	Music Hour	11am	Church Service	9:30am	Classic Rewinds
Main	Line: 814-849-3615							10:20am	Pampered Hands			3pm	Outside Adventure
								3:30pm	Balloon Toss				
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Catenc	lar subject to change												
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4		5		6		7		8	Upsy Daisy Day	9	Strawberry Rhubarb Day	10	
9am	TV Church	11am	Bible Study	9:30am	Rhyme Time	10am	Craft	10:15am	Music Hour	11am	Church Service	9:30am	Classic Rewinds
11am	News Stand (HO)	3:30pm	Music Reminisce	10:15am	BINGO	3:30pm	Movie Time	10:20am	Pampered Hands			3pm	Breath of Fresh Air
				3:30pm	Music Rewind			3:30pm					
11		12		13		14	Flag Day	15		16		17	
9am	TV Church	11am	Bible Study	9:30am	Words Game	10am	Coloring	10:15am		11am	Church Service	9:30am	Classic Rewinds
11am	News Stand (HO)	3:30pm	Old Time Music	10:15am	BINGO	3:30pm	Old Movie Rewind	10:20am	Pampered Hands			3pm	Blossom and Blooms
				3:30pm	Music Rewind			3:30pm	Stretches				
18	Father's Day	19	Juneteenth	20	Ice Cream Soda Day	21	First Day of Summer		Nat'l Onion Ring Day	23		24	
9am	TV Church	11am	Bible Study		Finish The Song Title	10am	Word Search	10:15am		11am	Church Service	9:30am	Classic Rewinds
11am	News Stand (HO)	3:30pm	Music Reminisce	10:15am		10:45am		10:20am				3pm	Birds and Flowers
				3:30pm	Music Rewind	3:30pm	Movie Matinee	3:30pm	Kickball				
	Father's Day Handouts												
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25		26		27		28	AA_ /1 AA •	29	A4	30	Church Cont		1/
9am	TV Church	11am	Bible Study	9:30am		10am	Math Mania	10:15am		11am	Church Service		Key
11am	News Stand (HO)	3:30pm	Old Time Music	10:15am		3:30pm	Elvis Movies	10:20am				СС	Activity will be held
				2pm	Resident Council			3:30pm	Balloon Toss				in Comp Care
				3:30pm	Music Rewind								Handouts will be
												НО	placed in your
													mailboxes

May Recap and June Sneak Peak

Time flies when you are having fun... May was a blur! Residents (Ralph in picture) made cards for National Thank a Hero Day. The cards will be sent to the local Military Order of the Purple Heart Association. Phylis Howard came in and relaxed them with some harp and dulcimer music. We celebrated National Nursing Home Week with a kick off luau party, followed by some mega bingo, then on to a sip and dip, and ended with a patio pizza party. Staff (Carla) enjoyed a picnic where staff received shirts, mugs and food trucks all week to celebrate. In June we will be planting some flowers, welcome our new Pastor Jeff, make the halls smell irresistible with some yummy baking, and welcome back Rick Bruning for a night show.



Juneteenth

Juneteenth is a holiday commemorating the end of slavery in the United States. It is also called Emancipation Day or Juneteenth Independence Day. The name "Juneteenth" references the date of the holiday, combining the words "June" and "nineteenth."

Juneteenth was originally celebrated in Texas, on June 19, 1866. It marked the first anniversary of the day that African Americans there first learned of the Emancipation Proclamation, more than two years after it was initially issued. The holiday was originally celebrated with prayer meetings and by singing spirituals and wearing new clothes to represent newfound freedom. Within a few years, African Americans were celebrating Juneteenth in other states, making it an annual tradition.

Juneteenth is a federal holiday in the United States. Legislation establishing the holiday was passed by Congress on June 16, 2021, and signed into law by U.S. President Joe Biden the following day. Juneteenth had previously been established as a state holiday in Texas in 1980, with a number of other states later declaring it a state holiday or day of observance.

Juneteenth celebrations in the United States typically include prayer and religious services, speeches, educational events, family gatherings and picnics, and festivals with food, music, and dancing. The day is also celebrated outside the United States and is used to recognize the end of slavery as well as to celebrate African American culture and achievements.

What Makes a Dad?

God took the strength of a mountain, The majesty of a tree, The warmth of a summer sun, The calm of a quiet sea,

The generous soul of nature, The comforting arm of night, The wisdom of the ages, The power of the eagle's flight,

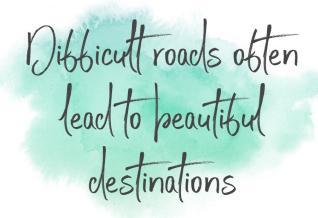
The joy of a morning in spring, The faith of a mustard seed, The patience of eternity, The depth of a family need,

Then God combined these qualities. When there was nothing more to add, He knew His masterpiece was complete, And so, He called it ... Dad





Laurelbrooke Harmony Circle



Slather on sunblock and dress for success

The fatty layer below our skin gets thinner with age, making seniors more sensitive to the dehydrating effects of sun exposure. To help stay safe from sun damage, follow these tips:

Purchase a sunscreen with at least 30 SPF and broad-spectrum protection from both UVA and UVB rays.

Gently remind your loved one to cover every exposed area with sunblock - including oftenforgotten spots like their ears, upper lip, the backs of their hands and the tops of their feet.

Have them wear loose, light-colored clothing, which will help them feel cooler and more comfortable, as well as provide additional protection from the sun.

Suggest they put on sunglasses and a hat with a brim to help shield the delicate skin around their eves.

JUNE 2023

Happy FATHERS

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	тоо Јок			CARING FAMILY			DADDY TIE			HUGS FUNNY				

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