



# Memorial Day

Last Monday in May



AMERICAN  
ANTHEM  
CEMETERY  
CEREMONY  
COMMEMORATE  
DECORATION  
FALLEN  
FLAGS  
FLOWERS

FREEDOM  
GRAVE  
HALF MAST  
HEROES  
HOLIDAY  
HONOR  
MAY  
MEMORIAL  
OBSERVANCE

PATRIOTIC  
REMEMBRANCE  
SACRIFICE  
SALUTE  
SERVICE  
SOLDIERS  
TAPS  
VETERANS  
WAR



## Spirit Week at Highland Oaks

The second week of April was celebrated as Spirit Week by residents and employees of Highland Oaks. Themed days included Comfy/Pajama Day, USA Day, 80's Day, Sport Day, and Tie Dye Day. Medication Aide Barbara Bailey (pictured at right) dressed up for Pajama day as the Easter Bunny! Wellness Coordinator, Bailey Reinard, also took 80's Day very seriously (pictured far right). A special thanks to everyone who participated in the Spirit Week fun, and helping to fulfill WRC's mission: We Rejoice and Celebrate life!



## Spring into Action!

Below, WRC Wellness Coordinator Bailey Reinard leads residents of Highland Oaks in Clarion in (social distancing approved) exercises!





Highland Oaks at Water Run Activity Calendar - May 2020

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Key		Key		Key						1	See Key for Times	2	
Morning Activities		Afternoon Activities 1		Evening Activities						Time	Event		
9:30A 3rd floor		1:00P 3rd floor		5:30P 3rd floor						9:30A-11:00A	Exercise	9:30A-11:00A	Exercise
10:00A 1st floor		1:30P 1st floor		6:15P 1st floor						11:15A-12:00P	Walking Club	1:00p-2:30p	Finish the Saying
10:30A 2nd floor		2:00P 2nd floor		7:00P 2nd floor						1:00p-2:30p	Trivia	2:30P-4:00P	One-on-One's
11:15A Walking Club		Afternoon Activities 2								2:30P-4:00P	Hangman		
		2:30P 3rd floor											
		3:00P 1st floor											
		3:30P 2nd floor											
3		4		5		Happy Birthday Bernice!		6		Happy Birthday Etta!		7	
9:30A-12:00P	Church	9:30A-11:00A	Exercise	9:30A-11:00A	Exercise	9:30A-11:00A	Yoga w/ Becca	9:30A-11:00A	Exercise	9:30A-11:00A	Exercise	9:30A-11:00A	Exercise
1:00P-2:00P	Listening to Music	11:15A-12:00P	Walking Club	11:15A-12:00P	Walking Club	11:15A-12:00P	Walking Club	11:15A-12:00P	Walking Club	11:15A-12:00P	Walking Club	1:00P-2:30P	Hangman
2:30P-4:00P	One -on-One's	1:00P-2:30P	Let's Bowl!	1:00P-2:30P	Trivia	1:00P-4:00P	Hand Massage/Hair styling	1:00P-2:30P	Reminisce Reading	1:00P-4:00P	Bingo!	3:00P-4:00P	Talk n' Toss Ball
		2:30P-4:00P	Hangman	2:30P-4:00P	Sing-A-Long			2:30P-4:00P	Listening to Music	5:30P-7:00P	Toss n Talk Ball	4:45P-5:45P	One-on-One's
		5:30P-7:00P	One-on-One's										
			Lemonade Day				Bavarian Pancakes						
10		11		12		13		14		15		16	
9:30A-12:00P	Church	9:30A-11:00A	Exercise	9:30A-11:00A	Exercise	9:30A-11:00A	Yoga w/ Becca	9:30A-11:00A	Exercise	9:30A-11:00A	Exercise	9:30A-11:00A	Exercise
1:00P-2:30P	Finish the Saying	11:15A-12:00P	Walking Club	11:15A-12:00P	Walking Club	11:15A-12:00P	Walking Club	11:15-12:00	Walking Club	11:15A-12:00P	Walking Club	1:00P-2:30P	Trivia
2:30P-3:30P	Hangman	1:00P-2:30P	Reminisce Reading	1:00P-2:30P	Laugh Therapy	1:00P-4:00P	Bingo!	1:00P-2:30P	Decorating Rocks	1:00P-2:30P	Listening to Music	3:00P-4:00P	Hangman
3:30P-4:00P	One-on-One's	2:30P-4:00P	Who wants to be a Million-aire	2:30P-4:00P	Blurt	5:30P-7:00P	Sing-A-Long	2:30P-4:00P	Let's Bowl	2:30-4:00	One-on-One's	4:45P-5:45P	One-on-One's
				5:30P-7:00P	Laugh Therapy						Chocolate Chip Day		
	Happy Mother's Day										Chocolate Chip muffins		
											Chocolate Chip cookies		
17		18		19		20		21		22		23	
9:30A-12:00P	Church	9:30A-11:00A	Exercise	9:30A-11:00A	Exercise	9:30A-11:00A	Yoga w/ Becca	9:30A-11:00A	Exercise	9:30A-11:00A	Exercise	9:30A-11:00A	Exercise
1:00P-2:30P	Finish the Saying	11:15A-12:00P	Walking Club	11:15A-12:00P	Walking Club	11:15A-12:00P	Walking Club	11:15A-12:00P	Walking Club	11:15A-12:00P	Walking Club	1:00P-2:30P	Trivia
2:30P-3:30P	Pictionary	1:00P-2:30P	Reminisce Reading	1:00P-2:30P	Trivia	1:00-4:00P	Hand Massage	1:00P-2:30P	Pictionary	1:00P-4:00P	Bingo!	3:00P-4:00P	Hangman
3:30P-4:00P	Trivia	2:30P-4:00P	Hangman	2:30P-4:00P	Laugh Therapy	1:00P-4:00P	Hair Styling	2:30P-4:00P	Listening to Music	5:30P-7:00P	Finish the Saying	4:45P-5:45P	One-on-One's
		5:30P-7:00P	Sing-A-Long										
							Banana Split Day						
24/31		25		26		27		28		29		30	
9:30A-12:00P	Church	9:30A-11:00A	Exercise	9:30A-11:00A	Exercise	9:30A-11:00A	Exercise	9:30A-11:00A	Exercise	9:30A-11:00A	Exercise	9:30A-11:00A	Exercise
1:00P-2:30P	Finish the Saying	11:15A-12:00P	Walking Club	11:15A-12:00P	Walking Club	11:15A-12:00P	Walking Club	11:15A-12:00P	Walking Club	11:15A-12:00P	Walking Club	1:00P-2:30P	Hangman
2:30P-3:30P	Pictionary	1:00P-2:30P	Reminisce Reading	1:00P-2:30P	Listening to Music	1:00P-2:30P	Bingo!	1:00P-2:30P	Let's Bowl!	1:00P-2:30P	Laugh Therapy	3:00P-4:00P	Toss n Talk Ball
3:30P-4:00P	One-on-One's	2:30P-4:00P	Nerf Gun Challenge	2:30P-4:00P	Hangman	2:30P-4:00P	Finish the Saying	2:30P-4:00P	Reminisce Reading	2:30P-4:00P	Trivia	4:45P-5:45P	One-on-One's
				5:30P-7:00P	Blurt	5:30P-7:00P	Pictionary						
			Memorial Day Picnic				Popsicle Day						