

In January, Highland Oaks hosted a Tea time for residents. Residents enjoyed Pea soup, cookies, muffins, and of course some of their favorite teas.



WRC
EST 1890
Highland Oaks



WHY NATIONAL WOMEN'S HISTORY MONTH IS IMPORTANT

**** We haven't given women their due attention**

For many years, women weren't acknowledged in historical texts. This isn't because women weren't in the midst of important discoveries or helping out with important conquests. It's mainly because men wrote the majority of historical documents for thousands of years. In March, we dig deep to uncover many of the important roles women have played throughout history.

**** Women are inspirational**

Learning about women who have stood up for their rights and fought for what they believe is fantastic motivation. We all have the power to influence the direction our world is headed in, and National Women's History Month reminds us of that.

**** It recognizes the strength and power of women**

It's easy to get caught up in the grind of daily life, but this month is an excellent opportunity to put a spotlight on all of the major things women accomplish each and every day. From domestic chores and carrying babies to fighting wars and governing countries, women are pretty darn amazing.

**RESIDENT SPOTLIGHT
MICHAEL HAYES**

Michael Hayes or better known around Highland Oaks as "The Puzzle King" has put together more puzzles than most people do in their lifetime. When he completes a puzzle he gives it away as a gift. He is well known for his kindness and making someone else smile. Mike has worked at Goodwill Industries, as well as Venango Training Center.

