

## Edgewood Heights Monthly Activity Calendar - April 2021

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday						
*Calendar subject to change*								<b>1</b>	April Fools Day	<b>2</b>	Peanut Butter & Jelly Day	<b>3</b>						
								10am	Nails	10am	exercise	10am	coffee and chat					
								2pm	lets laugh	2pm	this month in history	2pm	riddles					
								4pm	what in the bag?	4pm	skeet ball	4pm	board games					
								6pm	bucket ball	6pm	church video	6pm	independent activity					
<b>4</b>	Easter	<b>5</b>	Read a Road Map Day	<b>6</b>			<b>7</b>			<b>8</b>	Zoo Lover's Day	<b>9</b>						
10am	yoga	10am	sing a long	10am	exercise	10am	Easter bingo	10am	nails	10am	exercise	10am	coffee and chat					
2pm	church video	2pm	travel	2pm	cookie decorating	2pm	corn hole	2pm	zoo trip	noon	Easter dinner	2pm	egg hunt					
4pm	craft	4pm	bean bag toss	4pm	roll it	4pm	Uno	4pm	animal bingo	2pm	5-sences	4pm	guess that tv show					
6pm	independent activity	6pm	book club	6pm	independent activity	6pm	word puzzles	6pm	community day	4pm	sequence	6pm	independent activity					
								Happy Birthday Maxine!										
<b>11</b>			<b>12</b>			<b>13</b>			<b>14</b>			<b>15</b>	Titanic Day	<b>16</b>				
10am	sit and be fit	10am	hymn sing	10am	exercise	10am	bingo	10am	fun facts trivia	10am	resident council	10am	coffee and chat					
2pm	church video	2pm	color eggs	2pm	basket making	2pm	flower pressing	2pm	community day	2pm	hat decorating	2pm	casino time					
4pm	red hats	4pm	dice bingo	4pm	what am I?	4pm	what's in the news?	4pm	paint group	4pm	Wii play	4pm	bells					
6pm	independent activity	6pm	noodle ball	6pm	hot potato	6pm	independent activity	6pm	independent activity	6pm	church video	6pm	independent activity					
<b>18</b>			<b>19</b>			<b>20</b>			<b>21</b>	Scavenger Hunt Day	<b>22</b>	Earth Day	<b>23</b>	Zucchini Bread Day	<b>24</b>			
10am	yoga	10am	sing a long	10am	exercise	10am	bingo	10am	nails	10am	exercise	10am	coffee and chat					
2pm	church video	2pm	auction	2pm	museum tour	2pm	ball toss	2pm	gardening	2pm	bake group	2pm	hungry hippos					
4pm	finish this	4pm	horse races	4pm	flower bingo	4pm	our town	4pm	name that tune	4pm	family feud	4pm	jeopardy					
6pm	independent activity	6pm	ring toss	6pm	independent activity	6pm	L.C.R.	6pm	dominos	6pm	church video	6pm	independent activity					
								Happy Birthday Dolores!										
<b>25</b>			<b>26</b>			<b>27</b>			<b>28</b>			<b>29</b>			<b>30</b>	Arbor day		
10am	sit and be fit	10am	hymn sing	10am	exercise	10am	bingo	10am	nails	10am	exercise							
2pm	church video	2pm	basket ball	2pm	price is right	2pm	name game	2pm	knock down	noon	picnic							
4pm	card games	4pm	guess who	4pm	bowling	4pm	shuffle board	4pm	remember when	2pm	music time							
6pm	independent activity	6pm	penny ante	6pm	hang man	6pm	word tiles	6pm	independent activity	4pm	bird bingo							
												Happy Birthday Olive!						

## Health & Wellness



The Residents have been keeping fit by exercising and taking walks in the halls, until we can get back outside.



### APRIL'S RESIDENT SPOTLIGHT MAXINE SHOEMAKER

Maxine Shoemaker is 94 years young. With a birthday coming up on the 8<sup>th</sup> of this month she will be 95. Maxine grew up in Dry Ridge PA, where she was raised on a farm. She has always been a country girl and loves to be outside as much as possible.

As a young girl she explored the country side on her bicycle with her siblings and cousins. She has many happy memories from her childhood. Growing up on a farm and being outside was a blessing, she says. To grow up that way made her enjoy life and understand hard work. As a young adult Maxine and her friend traveled to Philadelphia during war time to get jobs and see more of the country. She got a job at Smith, Barney, and Co. stock exchange. Maxine enjoyed working with the stock market. After a few years she moved back home to help out on the farm.

While helping the family and working on the farm, Maxine got a job doing book keeping for RMS Furniture in New Bethlehem. She said that they were great people and she loved working for them. As a child she had dreams of her own business and she made that happen. Maxine and her sister Ruth dreamed of running their own clothing store. They made that dream a reality and opened a store that sold ladies apparel in New Bethlehem PA. They ran the store for many years. Maxine said she has no regrets. She enjoyed life and has many happy memories of great times with really great friends. Maxine likes to spend her time now taking walks outside when the weather permits, or listening to books and enjoying a glass of wine every once in a while.



### WE REJOICE & CELEBRATE LIFE!

April is a great month, lots to celebrate and lots of reasons to laugh. From April's fool's day to Easter Sunday, to seeing flowers bloom. There is always something to look forward to. April's fool's day is a time for jokes and laughs, a time to rejoice in life and enjoy the spring.

Many Christians celebrate Easter Sunday as the day of Jesus Christ's resurrection. The name Easter is believed to come from Ostara, the goddess of rebirth and in early times the Feast of Ostara celebrated earth's resurrection and rebirth. April shows us that after the snow, comes the sunshine.

The month of April has many different forms of significance for all walks of life, but we can all agree that April brings joyous thoughts of hope for the future.

We have several spring related activities planned for this month including: planting seeds, basket making, pressing flowers, etc. The residents are also planning to raise caterpillars and will release them once they have grown into butterflies. We are going to enjoy the spring season and are looking forward to all the fun times and great memories yet to be made.



Just as she was celebrating her 80th birthday, our friend received a jury-duty notice. She called the clerk's office to remind them that she was exempt because of her age.

"You need to come in and fill out the exemption forms," the clerk said.

"But I filled them out last year," she replied.

"You have to fill them out every year."

"Why? Do you think I'm getting younger?"