

Resident Spotlight



This month’s Resident Spotlight is on Della Adams! Della is 90 years young. Originally from the Dayton area, she grew up on a farm. After High school she worked in Brookville at the Sylvania plant. While working in Brookville she lived at the Matson house, with a few other ladies who worked away from home as well. She remembers it being a great place.

Della met her husband through a friend, and after a double date she said he was a good guy and decided to keep him. They fell in love and got married and had 4 wonderful children. They have many grandchildren and great grandchildren as well. Della and her husband raised their children in New Bethlehem, where she enjoyed taking care of her family and gardening.

Della is very family oriented, she loves visits with all of her family members, especially the little ones. Della is always happy to go for a walk or just sit and visit. She enjoys life and makes your day a little brighter just to talk to her.

Upcoming Events

We will be having many in-house activities to help keep our residents as active as possible.

We are trying to keep their days as normal as possible during this time. Many one-on-one activities and exercises to keep them fit and as happy as possible. Church service videos will be available for residents that wish to participate on Sundays!

Residents Celebrate Spring with Butterfly Craft

Recently, the residents of Edgewood Heights enjoyed making butterfly crafts to celebrate spring. The butterflies were created by creating patterns on the coffee filter for the butterfly wings, and then bunching the filter together and placing a clothespin in the middle!



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EST 1890

Edgewood
Heights
May 2020



May is Older Americans Month

Around the nation, older adults make their marks every day as volunteers, employees, employers, parents, grandparents, mentors, and advocates. They offer their time, talents, and experience to the benefit of our communities.



For 57 years, Older Americans Month (OAM) has been a special time to recognize these contributions. Led by the Administration for Community Living (ACL) each May, OAM also provides resources to help older Americans stay healthy and independent, and materials to help communities support and celebrate their citizens.

This year’s OAM theme, Make Your Mark, highlights older adults’ unique and lasting contributions to their communities—everything from sharing a story with grandchildren to leaving a legacy of community action. In the spirit of this theme, here are a few ways to make your mark this May and all year long:

Volunteer your time. Local schools, shelters, food kitchens, and hospitals always need support. Help a neighbor by prepping a meal, picking up groceries, or giving them a ride. Or, take time to pass on your knowledge. Why not tutor a student who could use extra help in math, music, or science?

Share your story. There are so many ways to do this, from showing your grandkids around your old neighborhood to writing a book. Take a class and learn how to express yourself with the arts! Or, assemble a photo album of important moments in your life.

Get involved in your neighborhood. Join a homeowner or resident association, organize a block party, or sign up for a book club or other social group. Have a green thumb? Small projects like planting flowers in your yard or cleaning up the community park have a big impact.

Edgewood Heights Personal Care Activity Calendar - May 2020

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
										1		2	
										10:00 AM	Exercise	10:00 AM	Coffee and Chat
										2:00 PM	Finish This	2:00 PM	Noodle Ball
										4:00 PM	Dice Bingo	4:00 PM	Guess Who
										6:00 PM	Independent Activity	6:00 PM	Independent Activity
3		4 Different Color Shoe Day		5 Happy Birthday James M.!		6		7		8 Coconut Pie Day		9	
10:00 AM	Yoga	10:00 AM	Hymn Sing	10:00 AM	Exercise	10:00 AM	Bingo	10:00 AM	Nails	10:00 AM	Exercise	10:00 AM	Coffee and Chat
2:00 PM	Church Video	2:00 PM	Travel	2:00 PM	What's in the Bag	2:00 PM	Craft	2:00 PM	Meditation	2:00 PM	Penny Ante	2:00 PM	Card Games
4:00 PM	Riddles	4:00 PM	Bowling	4:00 PM	Paint Club	4:00 PM	Ball Toss	4:00 PM	Name Game	4:00 PM	Basketball	4:00 PM	Farkle
6:00 PM	Independent Activity	6:00 PM	Independent Activity	6:00 PM	Independent Activity	6:00 PM	Independent Activity	6:00 PM	Independent Activity	6:00 PM	Independent Activity	6:00 PM	Independent Activity
10		11 Happy Birthday Sam S.!		12		13		14		15 Pizza Party Day		16	
10:00 AM	Yoga	10:00 AM	Sing-a-long	10:00 AM	Exercise	10:00 AM	Bingo	10:00 AM	Nails	10:00 AM	Exercise	10:00 AM	Coffee and Chat
2:00 PM	Church Video	2:00 PM	Tea Party	2:00 PM	Roll It	2:00 PM	Jeopardy	2:00 PM	5 Senses	2:00 PM	L.C.R.	2:00 PM	Bird Bingo
4:00 PM	World Tiles	4:00 PM	Let's Laugh	4:00 PM	Hot Potato	4:00 PM	Ring Toss	4:00 PM	Our Town	4:00 PM	Price is Right	4:00 PM	Bean Bag Toss
6:00 PM	Independent Activity	6:00 PM	Independent Activity	6:00 PM	Independent Activity	6:00 PM	Independent Activity	6:00 PM	Independent Activity	6:00 PM	Independent Activity	6:00 PM	Independent Activity
17		18		19		20		21		22 Road Trip Day		23	
10:00 AM	Yoga	10:00 AM	Hymn Sing	10:00 AM	Exercise	10:00 AM	Bingo	10:00 AM	Nails	10:00 AM	Exercise	10:00 AM	Coffee and Chat
2:00 PM	Church Video	2:00 PM	Family Feud	2:00 PM	Antique Show	2:00 PM	Name that Tune	2:00 PM	What's in the News	2:00 PM	Travel	2:00 PM	Noodle Ball
4:00 PM	Remember When	4:00 PM	Bucket Ball	4:00 PM	Sequence	4:00 PM	This Month in History	4:00 PM	Shuffleboard	4:00 PM	Community Day	4:00 PM	What Am I?
6:00 PM	Independent Activity	6:00 PM	Independent Activity	6:00 PM	Independent Activity	6:00 PM	Independent Activity	6:00 PM	Independent Activity	6:00 PM	Independent Activity	6:00 PM	Independent Activity
24/31		25 Picnic		26 Restaurant Day		27		28		29		30	
10:00 AM	Yoga	10:00 AM	Sing-a-long	10:00 AM	Exercise	10:00 AM	Bingo	10:00 AM	Nails	10:00 AM	Exercise	10:00 AM	Coffee and Chat
2:00 PM	Church Video	2:00 PM	Trivia	2:00 PM	Hangman	2:00 PM	Skeet Ball	2:00 PM	Knock Down	2:00 PM	Roll It	2:00 PM	Finish This
4:00 PM	Word Puzzles	4:00 PM	Bowling	4:00 PM	Paper Planes	4:00 PM	Guess Who	4:00 PM	Board Games	4:00 PM	Let's Laugh	4:00 PM	Basketball
6:00 PM	Independent Activity	6:00 PM	Independent Activity	6:00 PM Independent Activity		6:00 PM	Independent Activity	6:00 PM	Independent Activity	6:00 PM	Independent Activity	6:00 PM	Independent Activity

