Announcements

Our July Birthdays

Ruby Bailey 7-4

Rhoda Bish 7-15

Theo Maxwell 7-31

Church Services

Sundays for residents that wish to participate.

Videos of Church Services will be available on

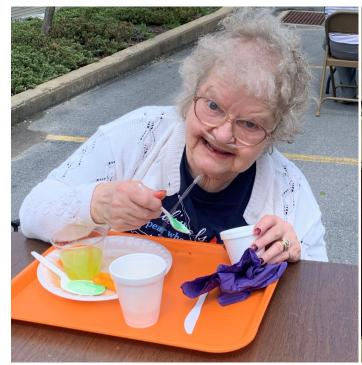
July's Resident Spotlight

This month's Resident Spotlight is on Nancy Stewart!

Nancy is 74 years young and has been a resident of Edgewood Heights for 5 years, she says she has enjoyed being here with us and hopes for many more years to come. Born and raised in Shannondale, Nancy enjoyed roller skating and making her own cloths as a teenager. She tried to learn to crochet as a young lady, and has never really figured it out she says.

Nancy and her Husband raised 2 wonderful children in Rimersburg and then moved to Hawthorn. She is blessed with 4 grandchildren and 1 great grandchild. Nancy loves to read and spend time with her family, she is still trying to learn to crochet, and she will get it some day she says.

Nancy enjoys people and likes to decorate her room for any and all holidays, she is always ready to make a craft or just enjoy some time on the porch.





Exciting Upcoming Events

We will be having many in-house activities to help keep our residents as active as possible.

We are trying to keep their days as normal as possible during this time. We will be holding many one-on-one activities and exercises to keep them fit and as happy as possible!



The History of Independence Day



"No Taxation without Representation!" was the battle cry in America's 13 Colonies, which were forced to pay taxes to England's King George III despite having no representation in the British Parliament. As dissatisfaction grew, British troops were sent in to quell the early movement toward rebellion. Repeated attempts by the Colonists to resolve the crisis without military conflict proved fruitless.

On June 11, 1776, the Colonies' Second Continental Congress met in Philadelphia and formed a committee whose express purpose was drafting a document that would formally sever their ties with Great Britain. The committee included Thomas Jefferson, Benjamin Franklin, John Adams, Roger Sherman and Robert R.

Livingston. Jefferson, who was considered the strongest and most eloquent writer, crafted the original draft document. A total of 86 changes were made to his draft and the Continental Congress officially adopted the final version on July 4, 1776.

The following day, copies of the Declaration of Independence were distributed, and on July 6, *The Pennsylvania Evening Post* became the first newspaper to print the extraordinary document. The Declaration of Independence has since become our nation's most cherished symbol of liberty.

Congress established Independence Day as a holiday in 1870, and in 1938 Congress reaffirmed it as a paid holiday for federal employees. Today, communities across the nation mark this major midsummer holiday with parades, firework displays, picnics and performances of "The Star-Spangled Banner" and marches by John Philip Sousa. The Fourth of July 2020 is on Saturday, July 4, 2020.

Edgewood Heights Personal Care Activity Calendar - July 2020

	Sunday		Monday Tuesday			Wednesday			Thursday		Friday		Saturday	
						1	Joke Day	2		3		4		
						10am	Bingo	10am	Nails	10am	Exercise	10am	Coffee and Chat	
										12pm	Picnic			
						2pm	Let's Laugh	2pm	Craft	2pm	Community Day	2pm	Trivia	
											<u> </u>	•		
						4pm	Bucket Ball	4pm	Bean Bag Toss	4pm	Word Puzzles	4pm	Seasonal Bingo	
						'		'		'		· ·		
						6pm	Independent Activity	6pm	Independent Activity	6pm	Independent Activity	6pm	Independent Activity	
5		6		7		8		9	Sugar Cookie Day	10		11		
10am	Yoga	10am	Sing-a-Long	10am	Exercise	10am	Bingo	10am	Nails	10am	Exercise	10am	Coffee and Chat	
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2pm	Church	2pm	Noodle Ball	2pm	Paint Club	2pm	Travel	2pm	Cookie Decorating	2pm	Our Town	2pm	Name that Tune	
	Charch	Zpiii	Noodic Ball	2рііі	T diffe etab	2рііі	Havet	Zpiii	Cookie Decorating	Zpiii	- Cui Town	Zpiii	Hame that rune	
4pm	What's in the News?	4pm	Jeopardy	4pm	Ring Toss	4pm	Knock Down	4pm	Zoo Trip	4pm	Roll It	4pm	Bowling	
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6pm	Independent Activity	6pm	Independent Activity	6pm	Independent Activity	6pm	Independent Activity	6pm	Independent Activity	6pm	Independent Activity	6pm	Independent Activity	
12	independent Activity	13	Barbershop Music day	14	independent Activity	15	National Hot Dog Day	16	independent Activity	17	independent Activity	18	independent Activity	
	Sit and Be Fit	10am	Hymn Sing	10am	Exercise	10am	Bingo	10am	Nails	10am	Exercise	10am	Coffee and Chat	
10am	Sit and be rit	Toaiii	Tiyiiii Silig	IVaiii	LXEICISE	12pm	Picnic	Toaiii	INAILS	Toaiii	LXetCise	Toaiii	Corree and Chat	
2000	Church	2000	Docident Council	2000	Cuass Who			2000	Dall Toes	2000	Cong Titles	2nm	Ckoothall	
2pm 4pm	Church	2pm	Resident Council	2pm	Guess Who	2pm	Basketball	2pm	Ball Toss	2pm	Song Titles	2pm	Skeetball	
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	Penny Ante	4pm	Music Time	4pm	Craft	4pm	Name Game	4pm	5-Senses	4pm	What am I	4pm	Farkle	
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19		20	<u> </u>	21		22		23	Gorgeous Grandma Day	24	Amelia Earhart day	25		
10am	Yoga	10am	Sing-a-long	10am	Exercise	10am	Bingo	10am	Nails	10am	Exercise	10am	Coffee and Chat	
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2pm	Church	2pm	Finish This	2pm	This Month in History	2pm	Hot Potato	2pm	Social	2pm	Trivia	2pm	Wii Play	
4pm	Price is Right	4pm	Shuffle Board	4pm	Family Feud	4pm	Sequence	4pm	Remember When	4pm	Riddles	4pm	Card Games	
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6pm	Independent Activity	6pm	Independent Activity	6pm	Independent Activity	6pm	Independent Activity	6pm	Independent Activity	6pm	Independent Activity	6pm	Independent Activity	
26		27 28			29		30	31						
10am	Sit and be Fit	10am	Hymn Sing	10am	Exercise	10am	Bingo	10am	Nails	10am	Exercise			
2pm	Church	2pm	Dice Bingo	2pm	Antique Show	2pm	Hang man	2pm	Travel	2pm	Sketchy			
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4pm	Bird Bingo	4pm	Meditation	4pm	Community Day	4pm	Word Tiles	4pm	Our Town	4pm	Outside Time			
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