

Edgewood Heights - June 2023 Activity Calendar

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<div>Edgewood Heights Main Line: 814-275-2790</div> <div>Calendar subject to change</div> <div></div>								1		2		3	
								10am	Drums	10am	Nails	10am	Coffee and chat
								2pm	happy hour	2pm	porch time	2pm	bible bingo
								4pm	rock painting	4pm	corn hole	4pm	community day
								7pm	Mennonites	6pm	meditation	6pm	independent activity
4		5		6		7		8		9	Donald Duck Day	10	
10am	Sit and be fit	10am	Pastor Phillips	10am	Exercise	10am	Bingo	10am	Yoga	10am	Nails	10am	Coffee and chat
2pm	Ice cream social	2pm	gardening	2pm	board games	2pm	yahtzee	2pm	football toss	2pm	duck race	2pm	ice tea social
4pm	zoo trip	4pm	UNO	4pm	V-R show	4pm	wheel of fortune	4pm	card games	4pm	duck movies	4pm	bird bingo
6pm	independent activity	6pm	independent activity	6pm	word tiles	6pm	dominos	6pm	dice bingo	6pm	finish this	6pm	independent activity
11		12		13		14	Flag Day	15	Purple Day	16	Fudge Day	17	
10am	Exercise	10am	Pastor Phillips	10am	Kelly and pups	10am	Bingo	10am	Exercise	10am	Nails	10am	Coffee and chat
2pm	think fast	2pm	Madd libs	2pm	exercise	2pm	word puzzles	2pm	hang man	2pm	float social	2pm	Bowling
4pm	church video	4pm	noodle ball	4pm	sewing	4pm	basketball	4pm	airplane toss	4pm	bake group	4pm	activity bingo
6pm	independent activity	6pm	song titles	6pm	what am I?	6pm	independent activity	6pm	music program	6pm	bucket ball	6pm	independent activity
18	Father's Day	19	Juneteenth	20		21	First Day of Summer	22		23		24	
10am	Yoga	10am	Pastor Phillips	10am	Exercise	10am	Bingo	10am	Drums	10am	Nails	10am	Coffee and chat
2pm	penny ante	2pm	jeopardy	2pm	roll it	2pm	sing a long	2pm	travel	2pm	paint club	2pm	casino time
4pm	church video	4pm	washers	4pm	basket toss	4pm	horse races	4pm	virtual trip	4pm	phase ten	4pm	antique show
6pm	independent activity	6pm	wii play	6pm	independent activity	6pm	family feud	6pm	bells	6pm	farkle	6pm	independent activity
25	TV Day	26		27		28		29		30			
10am	Sit and be fit	10am	Pastor Phillips	10am	Exercise	10am	Bingo	10am	Sit and be fit	10am	Nails		
2pm	tv, bingo	2pm	bean bag toss	2pm	name that tune	2pm	price is right	2pm	craft	2pm	shuffle board		
4pm	guess the tv show	4pm	sequence	4pm	L.C.R.	4pm	remember when	4pm	ring toss	4pm	history		
6pm	independent activity	6pm	book club	6pm	ball toss	6pm	let's laugh	6pm	independent activity	6pm	sketchy		
Happy Birthday Willovene S!													



What Have We Been Up To?

The residents enjoyed music from Pastor Bud Davis, he played the horn and saxophone.



The residents had a wonderful time visiting with Bam-Bam. He is a certified therapy animal. The residents love when he comes to visit.



Resident Spotlight



Ruby Fern Gourley

The spotlight this month shines on miss Ruby Fern Gourley, Fern for short. Miss Fern is 94 years young. She grew up in the Sligo area, and lived there all her life. Miss Fern and her late husband have 5 wonderful children, and numerous grandchildren and great grandchildren.

Fern was a very happy and busy house wife, she loved raising her children and traveling with her family. One of her favorite memories is of a vacation in Florida with her children and husband. He liked to travel, and she loved to go along. When Miss Fern was at home she had a nice garden and liked to can vegetables and fruits.

Fern was a very active member of her church, and likes to work at church functions. She helped out at the family business Gourley’s Meat Packing when needed. She loved to cook and bake, and loved being a mother and wife.

Now a days Miss Fern enjoys listening to music and being an active part of our Edgewood family. She is always happy and enjoys doing activities, as well as spending time with her family and friends.

Staff Spotlight

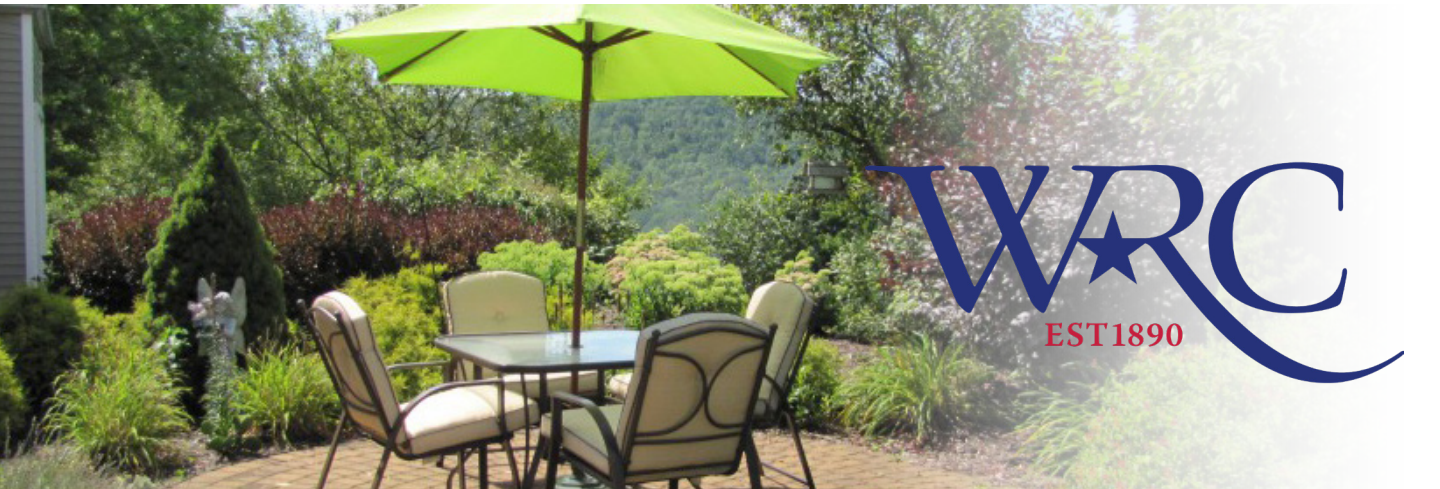


Chloe Wiant

The staff spotlight this month shines on Chloe Wiant. Miss Chloe is a resident aid and has been with us for 3 years.

The residents enjoy her very happy personality. Chloe enjoys taking care of our residents and seeing their happy and smiling faces.

Chloe is from Oakridge, where she lives with her parents and siblings. When Chloe is not at work or school she likes to cook and bake. She also enjoys journaling and reading. When the weather is nice Chloe can be found out walking, enjoying nature. She is a great part of our team.



Edgewood Heights

JUNE 2023

Dibbicult roads often lead to beautiful destinations

Happy FATHERS Day!

Slather on sunblock and dress for success

The fatty layer below our skin gets thinner with age, making seniors more sensitive to the dehydrating effects of sun exposure. To help stay safe from sun damage, follow these tips:

Purchase a sunscreen with at least 30 SPF and broad-spectrum protection from both UVA and UVB rays.

Gently remind your loved one to cover every exposed area with sunblock – including often-forgotten spots like their ears, upper lip, the backs of their hands and the tops of their feet.

Have them wear loose, light-colored clothing, which will help them feel cooler and more comfortable, as well as provide additional protection from the sun.

Suggest they put on sunglasses and a hat with a brim to help shield the delicate skin around their eyes.

S	P	S	P	O	R	T	S	Y	N	N	U	F	P
E	E	G	T	H	O	U	G	H	T	F	U	L	R
I	Y	N	H	N	S	T	C	E	P	S	E	R	O
R	D	O	S	L	O	V	E	N	H	U	G	S	T
O	D	R	H	E	R	D	T	T	T	Y	O	A	E
M	A	T	S	E	S	I	M	O	T	R	O	F	C
E	D	S	H	O	H	Q	B	O	C	L	A	S	T
M	L	A	O	H	B	S	O	L	F	M	H	P	I
O	T	T	N	B	J	A	N	S	I	G	S	E	V
M	E	M	O	H	O	R	F	L	E	N	T	R	E
Y	O	R	R	R	K	L	Y	S	H	I	F	O	M
L	F	G	N	N	E	I	T	I	E	R	I	Q	G
R	I	C	J	F	S	E	M	M	M	A	G	T	F
O	E	I	C	P	O	A	L	A	I	C	E	P	S

TOOLS	CARING	DADDY	HUGS
JOKES	FAMILY	TIE	FUNNY
SPORTS	PROTECTIVE	SPECIAL	THOUGHTFUL
HOME	RESPECT	GIFTS	MEMORIES
BBQ	LOVE	HONOR	STRONG